President’s Message

Lexie Southworth, President
Frankfort Altrusa Club

I can’t believe it has been so long since I’ve seen everyone. Stevie and I had to get my kids back to the DC area and my grand-daughter headed back to school.

We got to participate in “locker night” – a really neat idea to get the kids motivated about back-to-school. She wanted a purple locker, got a green one and that was better than orange!

Watching her made my heart glad; I loved seeing all the kids hug and act like they were truly glad to see one another. I know how that feels because I am ready to get back in the swing of things myself and see all of you!

Mom has been in the hospital, so we’ve been taking care of things going on here with her – I will fill you in next week. She is still in Woodford County’s Bluegrass Community Hospital, but might get to come home soon.

So sorry to have missed last month’s meeting. Thanks to Vicki for filling in at the last minute and covering the program. And I heard many of you enjoyed Ann Crowe from the Simon House.

Don’t forget about “Backpack Snacks” for the kids here in our community. It’s a truly great program that fits our mission perfectly. Check out the last page of this newsletter for a good list of suggested snack items to bring.

Take care and enjoy this beautiful Indian Summer (do folks still call it that?). I look forward to seeing everyone at our regular time, September 22, at Office Pub & Deli on Comanche Trail.

Love to you all, Lexie
Altrusa International, Inc., of Frankfort Kentucky
Minutes of August 25, 2016

On August 25, 2016, the Frankfort Altrusa Club met at the Office Pub and Deli. Present were: Mary Edna Bondurant, Pat Carter, Vicki Cunigan, Marcie Harmon, JoAnn Johnson, Mattie Johnson, Susan Kennedy, Sharon Noel, Joyce Parrish, Linda Roten, Sue Schodorf, Ann Simmons, Linda Thomas and Marguerite Wordell.

Following the Pledge of Allegiance and the Altrusa Grace, dinner started at 5:46 p.m. The meeting was called to order at 5:51 p.m. by Vice President Vicki Cunigan. The minutes of July 28, 2016, was accepted.

Treasurer’s Report: The Treasurer’s Report was accepted and filed for audit. Scholarship allocations totaling $900 will not show up until the end of August on the Treasurer’s Report.

Correspondence: Correspondence was accepted from Jade Brooks in gratitude for her scholarship. Jade is Adele’s great-granddaughter. Maddie Johnson was pictured traveling in the KY Monthly magazine recently.

New Business:

- Save the date! 2017 marks the 100th Anniversary for Altrusa International, Inc. We’ll be celebrating throughout the year, with the highlight being our Centennial Convention held July 21-24, 2017 in Nashville, TN at the Sheraton Music City Hotel. Dancing through the Decades dance party is Sunday July 23. Members are encouraged to attend!
- Scholarship application was received from Katie Grasch. She is the great-granddaughter to former member Lida Gober. She is a senior at WHHS.
- In September members can donate to the annual Back Pack Program. Susan will provide a list of items for the program.
- During October, members will promote a Pampered Chef fundraiser. JoAnn will bring materials to the September meeting.
- Elder-Beerman Community Days is November 9-12. Coupon booklets will be on sale during October leading to the November sale dates.
- November 3rd is the annual Burgoo fundraiser. There will not be a member meeting in November.
- The December 15 Christmas Dinner meeting will be held at the Country Club. Military donations will be accepted at the December meeting.

Speaker: Ann Crowe spoke to the members about Franklin County’s Simon House, explaining how the facility is an important asset to the Franklin County community. Ms. Crowe thanked Altrusa for our continued support to the young women and their families and said every contribution is appreciated.

Old Business: Members provided pre-school books for the health department for August. Marguerite will deliver to the health department for use by the children.

Future meetings: The next Altrusa meeting will be Thursday September 22th at the Office Pub and Deli, 6:00 PM, with meal orders starting at 5:30 PM. Members should bring donated items for the annual Back Pack Program. Susan will provide a suggestion list of items with the monthly newsletter.

Entertainment and Adjournment: After an entertainment by Sue Schodorf, the meeting was adjourned at 6:59 pm.

Respectfully submitted by: JoAnn T. Johnson, Recording Secretary
ALTRUSA OF FRANKFORT
OPERATING ACCOUNT
August 31, 2016

08/01/16 Balance $674.58

August Dinners/Pub & Deli 31.00
August Birthdays/Pins 4.00
35.00
Cash Reimbursement/Guest Dinner 9.75
Total Deposits: 26.25 700.83

Disbursements: -0-
Total Disbursements: -0-

08/31/16 Balance $700.83

SPECIAL PROJECTS
August 31, 2016

08/01/16 Balance $1,880.82

Deposits:
Total Deposits: -0-

Disbursements:
Chk#277 DFI 50.00*
Chk#301 Jade Brooks 300.00
Chk#302 Zack Kanappel 300.00
Chk#303 Rick Thomas 300.00
Total Disbursements: 900.00

08/31/16 Balance $980.82

*Outstanding checks

Submitted by: Joyce T. Parrish, Treasurer
MEETING AGENDA
1. Welcome by: Lexie Southworth, President
2. Pledge of Allegiance, Grace and Dinner
3. Call to Order
4. Reading & Review of Minutes
5. Reading & Review of Treasurer’s Report
6. Correspondence
7. Old Business
8. New Business
9. Announcements/Entertainment
10. Adjournment

ALTRUSA GRACE
For this food before us spread,
For our steps in safety lead,
For thy favor on our way,
Lord, accept our thanks today.

Good, better, best. Never let it rest.
‘Til your good is better and your better is your best.

---St. Jerome

ALTRUSA of FRANKFORT
Next Meeting
Thursday – September 22
6:00 p.m. (Meal 5:30 p.m.)
Office Pub & Deli
(Comanche Trail)

On the Radar Screen:

October: Sell Coupon books for Elder-Beerman Community Days.

November 3: Downtown Candlelight Tour. Fundraiser. BURGOO!

November 9-12: Elder-Beerman Community Days Sale.

Contact Us
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**Weekend “Backpack Snacks” Program**

Family Resource & Youth Service Centers (FRYSC) in Franklin County Public Schools offer a food program called “Backpack Snacks” that provides children with healthy food meals and snacks that they can open and eat with little or no preparation.

Target groups are families having difficulty providing essentials on a regular basis, and/or the children with parents that work on the weekends or odd hours, requiring the children to prepare their own meals.

How the Backpack Snacks Program works:

The FRYSC identifies families in need based on teacher referrals. Every Friday a backpack filled with healthy snacks and meals is prepared for the student to take home so they will benefit from having food readily available when they get hungry. On Monday the student returns the backpack to the FRC so it can be replenished for the following weekend. This program is only as strong as the support it receives.

**Suggestions on foods to provide:**

- Breakfast bars
- Chips
- Dry cereals
- Fruit Cups (apple sauce, peaches, mixed fruit etc.)
- Fruit roll-ups (not fruit snacks!)
- Granola bars
- Soup, chili, ravioli, spaghetti, etc.
- Individual microwavable mac-n-cheese packets
- Individual cereal packs
- Instant oatmeal
- Juice boxes
- Ramen noodles
- Pasta meals
- Peanut butter or cheese-n-cracker snacks
- Pop tarts
- Pudding packs
- Raisins in small boxes
- Snack crackers
- Peanut butter
- Boxes of crackers

**IMPORTANT:**
All foods must be in their original containers!
NO homemade meals can be accepted.