The Cheerful Earful
Monthly newsletter of the Altrusa Club of Macomb, IL

June 2015

Website: http://tinyurl.com/AltrusaMacomb
Facebook: www.facebook.com/MacombAltrusa
Email: altrusa@macomb.com

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- Updates
- “Just a minute with a member”
- Our Favorite Recipes
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Next Meeting Information

What: Potluck and Planning meeting
Where: Everly House, 811 Lafayette St., Macomb
When: 6:00pm

Members bring finger foods, Board will bring desserts, table service and drinks!

“Leading to a Better Community”
Altrusa is an international non-profit organization making our local communities better through leadership, partnership and service

This newsletter is brought to you by the Communication Committee of the Macomb Altrusa Club, Macomb, Illinois
Draft of Minutes

Altrusa International of Macomb
May 27, 2015
General Meeting

Membership Committee hosted the general meeting with a potluck.

Karen Iversen conducted the Initiation of new member Cindy Weintraub, sponsor Thelma Smiddy.

Thelma Smiddy pinning the Altrusa pin on new member, Cindy Weintraub.

In memory of Rosalie Severinsen and Wanda Black, who passed away this past year. Cindy Roon read the poem and a small bio of each member. Candles were lit in their memory.

During the District Six Conference a ceremony of remembrance for each club members that have passed away. Also, a presentation honoring the member whom sponsored new members was performed. Nancy Dobey received a certificate and pin.

President Cindy Roon called the meeting to order with everyone reciting the Pledge of Allegiance.

Introduction of guest. Alta Sargent’s daughter Judy Sargent.

Minutes of the April meeting as presented in the Cheerful Earful. A motion by Karen Iversen, seconded by Paula Rhodes, motion carries.

Karen Iversen reported on the correspondence. Two letters from Sadie Corson, nursing scholarship and Courtney Brown, traditional scholarship.

Standing Committees gave the following reports:

Communication: Heather Munro-Pictures of tutors are on Facebook. An event for the Blood Drive has been placed on Facebook, please invite friends. Altrusa Compass and District newsletter have been sent via email.

Finance: no report

Service: no report

Membership: Karen Iversen- thank you to the committee members.
**Tutoring:** Sandy Collier- 9 tutors and 25 students. A meeting was held on May 21st with the tutors at Georgetown Club House. Each child has been matched up with their tutor. Cindy Roon and Heather Munro are on the tutoring committee, along with Karen Iversen and Sandy Collier. Everyone is encouraged to help in some way or another with the Tutoring Program.

**Old business:**
Cindy Roon collected dues from members in the absence of Nancy Jameson.
Shop N Share will be held again on June 12. The club made of profit of $205.64 from the last Shop N Share.

**New business:**
Karen Trusley continued with the meeting.

Lin Stults passed around a signup sheet for the Heritage Days Fly In Pancake Breakfast on June 28.

Audit Committee of the Treasurers report will consist of Marsha McCormick, Jean Sowers and Ann Abbot.

Mississippi Regional Blood Drive will be June 24th. The club goal is for 8 units. Please ask friends, co-workers and neighbors to donate. You can donate before hand by just stating that the Units are for Macomb Altrusa Club.

Heather Munro asked if the club would like to do a Heritage Day Window Display. Everyone was in agreement. Committee consist of Jean Sowers, Brae Hattaway, Lin Stults and Heather Munro

Penny Pollock will be doing the yearbook and everyone was asked to check the information in yearbook and if correction were needed to make a notation.

Jean Sowers will be membership chair interim due to illness of Nancy Jameson.

Cindy Roon will be the captain for the Alzheimer Walk, which will be held September 19 at 10 a.m. If you would like to be on the team or give a donation please let Cindy know.

An addition of ad hoc committees will be added.
Bazaar chair - Kathy Wyatt
Summer Tutor Program chair-Sandy Collier

A goal planning breakfast is being planned. More to come on this.

A discussion as to changing the times of meetings. 6 p.m. for potluck meeting and 6:30 for all other general meetings. Upon a motion by Lin Stults, seconded by Cindy Weintraub, motion carried with Miriam Satern opposed.

Next Board meeting will be Thursday, June 18th, Everly House @ 5:15 p.m.

Next General Meeting will be held June 24th @ 6 p.m. at the Everly House. Board of Directors hosting. This meeting will be our planning session.

Upon a motion of adjournment by Cindy Roon, seconded by Karen Iversen, all in favor.

**Respectfully submitted,**
Ann Abbot
Recording Secretary

New member Cindy Weintraub with her sponsor, Thelma Smiddy and also with Alta Sargent, who is a Charter Member and was Thelma Smiddy’s sponsor.
Updates

FOR JUNE 24 MEETING

Please wear your Altrusa shirt for a group portrait!
if you do not have an Altrusa shirt
**wear any navy blue shirt** - collar/ button down/ polo type of shirt!
Thank you!
We will take a group portrait to be used for our Facebook page and elsewhere.

**Don’t forget... Blood Drive**

**MISSISSIPPI VALLEY REGIONAL BLOOD CENTER**
How life flows through our community.

Wednesday, June 24 at 7:00am - 11:30am
Mississippi Valley Regional Blood Center,
1520 S. Jackson St., Macomb IL

Mark your Calendars!
It is **Macomb Altrusa Day** on June 24 at the Blood Center! Help Macomb Altrusa help our community!
Please come to the Miss. Valley Reg. Blood Center and donate blood!

**WE WANT TO COLLECT AT LEAST 8 UNITS THIS TIME!!**
Weds. June 24
Center hours are 7am-11:30am
Please call the center at 836-2329 to make your appointment!

Altrusa International Convention!

**Jazz it Up!** in Kansas City at Convention 2015!
July 17-20, 2015!
Are you planning to go to the International Convention?
Check out all the info. at:

Thank you to all our Shoppers!
and
Thank you to Hy-Vee!
for supporting our community

For our April Shop-n-Share we raised $205

All of this money raised will go towards the 2016 Summer Tutoring Program!
Have you signed up yet?

Everybody is!

Please volunteer for the Heritage Days Airport Lions Fly-in Pancake breakfast!
The Colchester Lions Club has asked for our assistance once again to help with the Serving and Clean-up at the Macomb Airport for the Heritage Days Pancake breakfast.

Here is the schedule – have you signed up yet?
**Sunday June 28th – 2015** 7am–3pm  
Colchester Lions Club Pancake Breakfast.

**7-9**  
Lin Stults - Nancy Dobey - Marsha McCormick - Cindy Roon

**8-10**  
Cindy Weintraub (new member) - Thelma Smiddy

**9-11**  
Sandy Collier - Jeannie Sowers - Karen Iversen

**10 - Noon**  
Miriam Satern - Paula Rhodes - Heather Munro

**Noon – to 2 ish** – Clean up time…..

Will bring the sign-up to the next meeting (June 24th)  
–Lin Stults

Photos from our May 2015 meeting…

Our new Board members!

Our out-going President Cindy Roon with our in-coming President Karen Trusley

Some of the members of the Membership Committee who hosted the meeting and conducted the installation and initiation

Club members  
Lynne Brinker, Peggy Ma and Nancy Reed
Each month we will feature a Macomb Altrusan - to learn a little bit more about each other!

“Minute” by Sandy Collier, Communication Committee member

Say “Hello” to Jeanie Sowers, our featured member of the month!

Jeanie, tell us a little bit about yourself!
I grew up in Livingston, Illinois. I attended Southern Illinois University and then transferred to Western as a junior, graduating in 1976. I have three brothers, two sons and one grandson.

What type of work have you done?
I’ve spent most of my career teaching Special Education students – 35 years full time and 4 years subbing. My youngest son said I would be a “57th grader” next year.

What do you like to do for fun?
I love to travel, read, play golf, garden and spend time with family. I used to do a lot of crafting, which is how I first became aware of Altrusa.

Tell us about your involvement with Altrusa.
As I just mentioned, I started with a craft booth at the Altrusa Bazaar. Later I became a tutor and I always noticed the invitation in our tutoring folders to join Altrusa. I talked to friends who were Altrusans and I joined. Best decision ever!! I’ve served on the Membership Committee, was Vice President, served as Co-Chair and Chair of the Bazaar, and have been actively tutoring including this summer.

What do you like best about being in Altrusa?
The best thing about Altrusa is being with the members of our club. Everyone is here for the same reason. This is such a great group of ladies. Meetings are fun and informational. I like sharing recipes at potlucks and sharing laughs with friends. It’s like a family away from home.

Would you please tell us some things that might surprise us about you?
Well, I have a twin brother, I’m left handed and so is my husband, and I hate driving over bridges!! The high school I attended is now a flea market and if you ever make the trip to St. Louis from Springfield on I-55, at about the 37-mile marker you will see my high school. It has a giant pink elephant, Paul Bunyan, and a space ship ice cream shop out front! Another interesting fact is that none of my grandparents were born in the United States. One set came from Italy and the other set came from Czechoslovakia.
Our Favorite Recipes

Recipes gathered by Lynne Brinker

This recipe comes from Alta Sargent

Alta with her daughter Judy at our May 2015 meeting

Alta Sargent likes this recipe she found in the Bushnell newspaper many years ago.

Alta notes that “…now the paper has yellowed with age. We sometime add just a little bacon chips, but they change the flavor too much. I serve it on the dinner plate and it is my oldest sisters’ favorite!”

Tangy Warm Red Cabbage

Serves 8

Sauté:

2 T. butter

1 small red onion, chopped

Combine and cook until warm and flavors are combined:

1/2 apple - peeled, cored and cubed

1/2 c. red wine

1/8 c. red wine vinegar

1/3 c. apple cider vinegar

2 T. brown sugar

1 tsp. cinnamon

1/4 tsp. nutmeg

Pour mixture over:

1 head red cabbage, shredded

Add salt and pepper to taste.
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<tr>
<td>June 18</td>
<td>Board meeting at Everly House - 5:15pm</td>
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<td>Blood Drive – 7:00am - 11:30am</td>
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<td>Mississippi Valley Regional Blood Center, 1520 S. Jackson St., Macomb</td>
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<td>June 24</td>
<td>Altrusa General meeting at Everly House – 6:00pm “Finger Foods Feast”!</td>
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<td>and Planning meeting</td>
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<td>June 25-28</td>
<td>Heritage Days</td>
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<td>June 28</td>
<td>Volunteering at the Airport Fly-in Breakfast</td>
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<td>July 16</td>
<td>Board Meeting at Everly House - 5:15pm</td>
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<td>July 17-20</td>
<td>Altrusa International Convention in Kansas City, Missouri</td>
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<td>July 22</td>
<td>Altrusa General meeting at Everly House 6:00pm</td>
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### 2015-2016

**Macomb Altrusa Officers and Board**

- **President**: Karen Trusley
- **Vice-President**: Penny Pollock
- **Past President**: Cindy Roon
- **Recording Secretary**: Lynne Brinker
- **Treasurer**: Brae Hattaway
- **Corresponding Secretary**: Karen Iversen

**Chair**:

- Communication Comm.: Heather Munro
- Finance Committee: Brae Hattaway
- Membership Comm.: Nancy Jameson
- Service Committee: Paula Rhodes

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**EVERY ACCOMPLISHMENT STARTS WITH THE DECISION TO TRY.**